



# Personal Health Questionnaire

Name \_\_\_\_\_ DOB \_\_\_\_\_ Date \_\_\_\_\_

What is the purpose of today's exam (i.e. blurry vision, eye pain, red eyes, trouble reading, headaches)?  
\_\_\_\_\_

Date of last eye exam: \_\_\_\_\_ Location: \_\_\_\_\_

Are you interested in: Glasses Y / N Contact Lenses Y / N Non-surgical vision correction Y / N

Do you wear: Glasses Y / N Contact Lenses Y / N Any problems? \_\_\_\_\_

Have you ever had any eye surgeries or been prescribed medicine for your eyes? Y / N If yes, please explain.  
\_\_\_\_\_

Are you currently experiencing any of the following? (circle all that apply) blurry vision, red eyes, itchy eyes, double vision, eye fatigue, watery eyes, dry eyes, floaters/flashes in vision, other eye-related symptoms (please list)  
\_\_\_\_\_

What medications do you currently take? \_\_\_\_\_

Are you allergic to any medicine? If yes, please list. \_\_\_\_\_

Name of primary care doctor: \_\_\_\_\_ Clinic/city: \_\_\_\_\_

Have **you** or any **family members** ever been diagnosed with any of the following medical problems?

You

Family

High blood pressure Y / N (controlled y / n)

High blood pressure Y / N

High cholesterol Y / N (controlled y / n)

High cholesterol Y / N

Heart disease Y / N

Heart disease Y / N

Stroke Y / N

Stroke Y / N

Diabetes Y / N (controlled y / n)

Diabetes Y / N

Retinal detachment Y / N

Retinal detachment Y / N

Glaucoma Y / N (controlled y / n)

Strabismus/lazy eye Y / N

Strabismus/lazy eye Y / N

Glaucoma Y / N

Thyroid dysfunction Y / N

Thyroid dysfunction Y / N

Please circle any of the following symptoms or conditions that you have experienced in the last 3 months:

**Constitutional:** unexplained weight loss, fatigue, fever, appetite changes, **none**

**Cardiovascular:** chest pain, shortness of breath, swelling, **none**

**Ears/Nose/Mouth/Throat:** sinus pressure/pain, painful/ringing ears, toothache, difficulty swallowing, **none**

**Respiratory:** difficulty breathing, cough, asthma, sleep apnea, **none**

**Neurological:** headaches, numbness, dizziness, seizures, balance changes, **none**

**Musculoskeletal:** arthritis, back pain, joint pain, broken bones, **none**

**Gastrointestinal:** vomiting, diarrhea, irritable bowel, heartburn, **none**

**Genitourinary:** kidney disease, irregular menses, sexually-transmitted disease, **none**

**Integumentary:** rashes, eczema, dry skin, **none**

**Autoimmune:** rheumatoid arthritis, lupus, multiple sclerosis, **none**

**Allergic:** pollen, mold, dust, pets, food \_\_\_\_\_, other \_\_\_\_\_

Patient initial \_\_\_\_\_ date \_\_\_\_\_ (parent/guardian must initial if patient is under 17)

Doctor initial \_\_\_\_\_ date \_\_\_\_\_